



Cy-Fair Iron Maidens Lacrosse

Eligibility:

The Cy-Fair Iron Maidens High School program is open to High School, Middle School, and Elementary girls in the Cy-Fair Independent School district, and neighboring districts in which a Texas High School Lacrosse League club program is not available at this level. CFLA and the Iron Maidens Org. are a club sports program and are not associated with CFISD, however we do practice and play at CFISD facilities. The Iron Maidens High School players are members of and play in the Texas Girls High School Lacrosse League (TGHSLL), competing against private schools and other club programs. Eligibility for TGHSLL teams is defined by school district boundaries and at the discretion of the club. The Iron Maidens non-High School players are members of and play in the Greater Houston Girls Youth Lacrosse Association (GHGYLA), competing against private schools and other club programs. Eligibility for GHGYLA teams is defined by school district boundaries and at the discretion of the club.

Board of Directors

The Cy-Fair Iron Maidens Board of Directors is comprised of volunteer parents, who collectively administer the activities of the club. We are always looking for new parents to join our team, but involvement is not a requirement for your daughter to play. Our objectives are to provide an organizational structure, which supports the development of the team and the girls, and to have as much fun as we can while doing it. Most of us who have gotten involved, started by attending team functions or hanging out with the group at tournaments, and found ourselves becoming involved because we want to provide the best experience for the girls, and enjoy being part of building the top girls program in the state. The objective of the Board is to handle all the non-coaching tasks, allowing the Coaches to focus on the team. This includes, but is not limited to, handling all finances, team records, fundraisers, and trip and tournament planning.

Coaches

Our Coaches are also volunteers and we are truly blessed to have what may well be the best girl's lacrosse coaching team in the USA! The coaches maintain responsibility for their direct team but are always working together to discover opportunities to improve their teams and themselves.

Volunteer Information:

A \$200 deposit per family is required to ensure volunteer opportunities are filled. Currently, we are collecting this at the first practice of the new season or the first practice the player attends. We are working on a contactless method online. Once the families volunteer commitments have been fulfilled, this fee will be credited to the next season unless otherwise specified by the family. The club will process the fee if volunteer responsibilities are not fulfilled by the last game of the regular season. If the family leaves the program and fulfills their volunteer commitment, then the fee will be refunded. If your check or payment is not received by your player's first tournament or game, your player will not be allowed to participate. More details and options can be found in the '**Volunteer Information**' document.

Dues:

High School (9th-12th) are **\$600 for the entire year**, preferably paid in full at the time of registration. If needed, an optional monthly payment plan can be selected during registration. Middle School (5th-8th grade) are **\$500 for the entire year**, preferably paid in full at the time of registration. If needed, an optional monthly payment plan can be selected during registration. Elementary School (Mini-Maidens) (2nd-4th grade) are **\$300 for the entire year**, preferably paid in full at the time of registration. If needed, an optional monthly payment plan can be selected during registration.

Discounts are available for the following:

1. Early Registration
2. Sibling Discounts
3. Volunteer Fee options
4. Earn a \$100 account credit for each new paid registration
 - a. This can be earned after a family successfully recruits their first new player to get credit for their Volunteer Fee.
 - b. YES! You can earn more in club credit than your registration fee
 - c. Promotional materials can be provided upon request
5. Summer League play discount

Sponsorships:

Girls can cover part or all their expenses with corporate and/or family sponsorships. We are a 501 c (3) nonprofit organization and all donations are tax deductible. Our tax ID number is **76-0698914**. Sponsorship checks should be made out to: Cy-Fair Iron Maidens. We do have receipts for donations, and all sponsors will be acknowledged on our website and on banners displayed at our games and tournaments.

Fund Raisers: To keep dues to a minimum, and because we are a non-school sponsored sport, we ask that all the girls participate in our fundraisers. The fundraising events will be voted on by the Board in the previous year that usually include occasional Car Wash and a main fundraising event. Please watch for information on all fund-raisers, and we ask for your support.

Board Meetings: Meetings are typically held every 2 months at varying locations. All parents are welcome to attend. Scheduling is somewhat informal, keep in contact with your favorite board member to track times and locations. If any parent ever has an item to discuss, please contact the *President or Vice-President*, and we will be sure to include you at the next meeting. If needed, a special meeting can be scheduled. Personal family or player information will not be discussed in a public meeting. Voting is reserved for Board of Director members.

Parent Meetings: There are approximately 2-3 parent/player meetings throughout the year to discuss upcoming events as well, dates will be emailed to registered families, and posted on our digital media pages.

College Scholarships: Cy-Fair Iron Maidens Lacrosse Club offers college scholarships each year for players that have exemplified the meaning of Iron Maiden Lacrosse, who have been members of The Iron Maidens for 2 or more years, and will be continuing their lacrosse careers, (either Playing, coaching or refereeing) post high school. Players applying for the scholarships will be asked to write an essay as part of their application. More details will follow in the spring to Eligible players.

Tournaments/Travel: The Iron Maidens participate in tournaments during the fall and winter and the Texas Girls High School Lacrosse League in the spring season. If a player intends to play in a tournament that the Iron Maidens is participating in, the player must play with the Iron Maidens in lieu of alternate, travel or tournament-only teams.

Players in 6th grade or younger must travel with a parent or signed, designated, responsible adult at tournaments requiring overnight travel. The Club reserves the right to approve (or not) a designated responsible adult. Players will be roomed with 3-5 other players depending on hotel arrangements. Parents of younger Middle School players may opt to have their player room with them (player cost for the trip remains the same however). Chaperones are on floor, but not in rooms, so girls are always expected to abide by team code of conduct.

Players not conducting themselves appropriately will be sent home with no monies refunded. The club will pay tournament registration fees as well as a portion of each player's room & board costs for the weekend to keep player costs somewhere around \$60-\$65 per tournament. In addition, each player will need spending money for road meals and t-shirt/souvenirs, etc. Please let us know if this poses a hardship, and we can discuss options. We do not want anyone to miss going to tournaments as they are an important part of "team bonding", so we will make confidential arrangements for your player.

Typical Tournament attendance:

There is a selection of events to participate in the Fall

October: in Dallas or Austin; for MS, JV and Varsity. Elementary age play is growing but not guaranteed.

November: At this time, the club will determine an advanced player lineup to compete in an appropriate tournament. This will be an invitation tournament that is within driving distance. There will only be a MS & Varsity team formed.

December: The Iron Maidens host the Burning Flower for Elem, MS, JV and Varsity.

January: Aggieland Tournament for both MS, JV and Varsity. Elementary age play is growing but not guaranteed.

*Additional tournaments *may* be added if opportunity arises.

Where to get Lacrosse Equipment:

Just for Her Sports – 3700 Greenbriar Dr, Houston, TX 77098 (Best source for quality girl's equipment)

Website: <https://justhersports.com/>

Academy – Supplies vary per location

Lacrosse Unlimited – 3601 W Alabama St., Houston, TX (Mostly boy's equipment)

Helpful Links

Cy-Fair Iron Maidens Lacrosse – CFIMLax.org

Iron Maidens Email – CFIMLax@gmail.com

Iron Maidens Social Media

Facebook – [facebook.com/CypressTXGirlsLax](https://www.facebook.com/CypressTXGirlsLax)

Instagram – [instagram.com/maiden_nation](https://www.instagram.com/maiden_nation)

Twitter – [@maiden_nation_](https://twitter.com/maiden_nation)

Venmo – [@IronMaidens](https://venmo.com/IronMaidens)

TeamSnap – [TeamSnap.com](https://www.teamsnap.com)

Texas Girls High School Lacrosse League – [tghsll.org](https://www.tghsll.org)

Just Her Sports – JustHerSports.com

US Lacrosse - USLacrosse.org